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[Sources of Contamination in Cortisol Testing](#) (PDF)
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Choosing the Right Test

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Toxic Metals and Elements

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[Treatment Considerations for Elevated Levels of Toxic Metals](#) (PDF)
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Adrenal Stress

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[Secretory IgA \(sIgA\) Interpretive Guide](#) (PDF)
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Gastrointestinal Health

[Bacterial Stool Culture – Interpretive Guide](#) (PDF)
[Fecal Calprotectin – Clinical Guidelines Update](#) (PDF)

[Anti-Fungal Treatment Protocols](#) (PDF)
[Naturopathic Anti-Fungal Treatment](#) (PDF)

[Bacterial Dysbiosis Treatment \(PDF\)](#)

[Ascaris lumbricoides \(Roundworm\) Treatment Protocols \(PDF\)](#)

[Blastocystis Treatment Protocols \(PDF\)](#)

[Blastocystis & Dientamoeba Treatment Protocols \(PDF\)](#)

[Blastocystis & Giardia Treatment Protocols \(PDF\)](#)

[C. difficile Treatment Protocols \(PDF\)](#)

[Cryptosporidium Treatment Protocols \(PDF\)](#)

[Dientamoeba Treatment Protocols \(PDF\)](#)

[Endolimax nana Treatment Protocols \(PDF\)](#)

[Entamoeba histolytica Treatment Protocols \(PDF\)](#)

[Giardia Treatment Protocols \(PDF\)](#)

[Helicobacter pylori Treatment Protocols \(PDF\)](#)

[Pinworm Treatment Protocols \(PDF\)](#)

[Taenia solium \(Tapeworm\) Treatment Protocols \(PDF\)](#)

[Toxoplasmosis Treatment Protocols \(PDF\)](#)

[Trichinella \(Trichinosis\) Treatment Protocols \(PDF\)](#)

[Complete Yeast Culture List \(PDF\)](#)

[Complete GI Parasite List \(PDF\)](#)

[Resources on Diagnosis of Parasitic Diseases \(PDF\)](#)

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[Advanced Clinical Cases: Gastrointestinal Conditions - Webinar Notes \(PDF\)](#)

[Irritable Bowel Syndrome - Webinar Notes \(PDF\)](#)

[Inflammatory Bowel Disease - Webinar Notes \(PDF\)](#)

[Celiac Disease and Gluten Sensitivity - Webinar Notes \(PDF\)](#)

Sex Hormones - Female

[PCOS Identification and Treatment - Webinar Notes \(PDF\)](#)

[Treatment Options for Women with Hyperandrogenism \(PDF\)](#)

[Diagnostic Considerations for Elevated DHEA \(PDF\)](#)

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[Premenstrual Syndrome - Clinical Update - Webinar Notes \(PDF\)](#)

[Relative Estrogen Dominance - Summary of Treatment Options \(PDF\)](#)

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Sex Hormones - Male

[Treatment Considerations to Support the Androgen Pathway \(PDF\)](#)

[Male Hormone Panel - Androgen Pathway - Webinar Notes \(PDF\)](#)

[Male Fertility - Clinical Update - Webinar Notes \(PDF\)](#)

Bone Health

[Osteoporosis and Bone Health - Clinical Update - Webinar Notes](#) (PDF)

Other Health Issues

[Sexual Dysfunction in Females and Males – Webinar Notes](#) (PDF)

[A Holistic Approach to Managing Inflammation – Webinar Notes](#) (PDF)

[Endocrine Disruptors and Disease – Webinar Notes](#) (PDF)

[The Role of Sleep in Health and Disease – Webinar Notes](#) (PDF)

Reference Range Determination

[Saliva Hormone Reference Ranges](#) (PDF)

[Cortisol-DHEA Reference Ranges](#) (PDF)

[Sample Reports](#)

Toxic Metals and Elements™

- [TME™ Sample Report](#) (PDF)

Adrenal Stress Index™

- [ASI™ Sample Report](#) (PDF)
- [Expanded ASI™ Sample Report](#) (PDF)

Bone Health Panel™

- [BHPT™ Sample Report](#) (PDF)

Female Hormone Panels™

- [FHPT™ Sample Report](#) (PDF)
- [eFHP™ Sample Report](#) (PDF)

Male Hormone Panels™

- [MHP™ Sample Report](#) (PDF)
- [eMHP™ Sample Report](#) (PDF)

Postmenopause and Perimenopause Hormone Panels™

- [PeriM™ Sample Report](#) (PDF)
- [ePeriM™ Sample Report](#) (PDF)
- [PostM™ Sample Report](#) (PDF)
- [ePostM™ Sample Report](#) (PDF)

GI Health Panels™

- [GI Panel™ Sample Report](#) (PDF)
- [Expanded GI Panel™ Sample Report](#) (PDF)
- [Expanded GI Panel with GP3x and Calprotectin™ Sample Report](#) (PDF)
- [Calprotectin Plus Panel™ Sample Test Report](#) (PDF)
- [Complete Bacterial Stool Culture \(GP3x\) Sample Report](#) (PDF)
- [Comprehensive Ova and Parasites Panel™ Sample Report](#) (PDF)

Food Panel™

- [FPTM Sample Report](#) (PDF)
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Forms & Brochures

Provider Catalog

- [Download Provider Catalog](#) (PDF)

Toxic Metals and Elements™

- [TME™ - Patient Brochure](#) (PDF)
- [TME™ - Provider Brochure](#) (PDF)
- [TME™ Kit Instructions - Salivary Metals and Elements](#) (PDF)
- [TME™ Kit Instructions - Urinary Metals and Elements](#) (PDF)
- [TME™ Kit Instructions - Timed Salivary Metals and Elements](#) (PDF)
- [TME™ Kit Instructions - Timed Urinary Metals and Elements](#) (PDF)

Adrenal Stress Index™

- [ASI™ - Patient Brochure](#) (PDF)
- [ASI™ Kit Instructions](#) (PDF)
- [Expanded ASI™ Kit Instructions](#) (PDF)

Bone Health Panel™

- [BHPT™ - Patient Brochure](#) (PDF)
- [BHPT™ - Kit Instructions](#) (PDF)
- [Urine Collection - Kit Instructions](#) (PDF)

Female Hormone Panels™

- [FHPT™ and eFHPT™ - Patient Brochure](#) (PDF)
- [FHPT™ and eFHPT™ Kit Instructions](#) (PDF)

Male Hormone Panels™

- [MHPT™ and eMHPT™ - Patient Brochure](#) (PDF)
- [MHPT™ - Kit Instructions](#) (PDF)
- [eMHPT™ - Kit Instructions](#) (PDF)

Postmenopause and Perimenopause Hormone Panels™

- [PeriM™ and PostM™ - Patient Brochure](#) (PDF)
- [PeriM™ Kit Instructions](#) (PDF)
- [PostM™ Kit Instructions](#) (PDF)
- [ePostM™ Kit Instructions](#) (PDF)

GI Health Panels™

- [GI Health Panels™ - Patient Brochure](#) (PDF)
- [GI Health™ Kit Instructions](#) (PDF)
- [GI-Pathogen Kit Instructions](#) (PDF)
- [Stool Cultures Kit Instructions](#) (PDF)
- [Calprotectin Plus Panel Kit Instructions](#) (PDF)
- [Pinworm Kit Instructions](#) (PDF)

Food Panel™

- [**FP™ - Patient Brochure**](#) (PDF)
- [**FP™ - Kit Instructions**](#) (PDF)

Flexi-Matrix™ Custom Panels

- [**Flexi-Matrix Custom Panels™**](#)
- [**Flexi-Matrix-Saliva Kit Instructions™**](#) (PDF)
- [**Flexi-Matrix-Stool Kit Instructions™**](#) (PDF)
- [**Flexi-Matrix-Combo Kit Instructions™**](#) (PDF)
- [**General Collection Kit Instructions**](#) (PDF)