



Your Timed TME Testing Experience Start Reading Here!

Welcome to your Timed Salivary and Urinary Toxic Metals and Elements Test!

You may find the experience simpler if you follow these easy guidelines:

- 1** Open the cardboard DiagnosTechs Kit Box first.
- 2** Take out both sets of multi-fold collection instructions.
- 3** Read through and familiarize yourself with those instructions.
- 4** Remove all of the components of the kit and place them in a handy location for your use.
- 5** If you have any questions about this DiagnosTechs kit, you can call DiagnosTechs customer service at 800-878-3787 from 7:00 am to 4:00 pm, Pacific Time, Mondays through Fridays.

Your testing kit components:

- Large urine collection bag and funnel (in a ziplock plastic bag)
- **DiagnosTechs Kit Box with the following components:**
 - Urine collection cup
 - Urine collection syringe
 - Five saliva collection tubes
 - Timed Salivary Collection Instructions
 - Timed Urinary Collection Instructions
 - Return Shipping Label (U.S. domestic kits)