

[Test & Fee Schedule](#)

[Provider Tools](#)

Testing Guidelines

- [Adrenal Testing – Interaction Guidelines \(PDF\)](#)
- [Sources of Contamination in Cortisol Testing \(PDF\)](#)
- [Interactions with Testing – FAQ for Providers \(PDF\)](#)
- [Hormones in Cosmetics and Personal Care Products \(PDF\)](#)
- [Investigating Bioidentical Hormone Exposure \(PDF\)](#)
- [Testing Cortisol with Prescription Cortef \(PDF\)](#)
- [Carbohydrate Stimulation Test – Patient Instructions \(PDF\)](#)

Choosing the Right Test

- [Clinical Questionnaire \(PDF\)](#)

Toxic Metals and Elements

- [Health Concerns Associated with Exposure to Toxic Metals \(PDF\)](#)
- [Understanding Your TME Results \(Updated and Expanded\) \(PDF\)](#)
- [Toxic Metals - Patient Handout - National Association of Environmental Medicine \(PDF\)](#)
- [Clinical Relevance of Toxic Metals and Elements Results \(PDF\)](#)
- [Treatment Considerations for Elevated Levels of Toxic Metals \(PDF\)](#)
- [Provocation Protocols – Oral and IV Mobilization Testing \(PDF\)](#)
- [Toxic Metals and Elements – FAQ for Providers \(PDF\)](#)
- [Salivary Testing for Metals and Elements – Literature References \(PDF\)](#)

Adrenal Stress

- [Adrenal Restoration \(PDF\)](#)
- [Diagnostic Considerations for Low Cortisol \(PDF\)](#)
- [Naturopathic Treatment Options to Address High Cortisol Levels \(PDF\)](#)
- [DHEA Supplementation - Females \(PDF\)](#)
- [DHEA Supplementation - Males \(PDF\)](#)
- [Cortisol and Licorice Supplementation \(PDF\)](#)
- [Adrenal Stress Index Panel Overview - Webinar Notes \(PDF\)](#)
- [Chronic Stress - The Physical and Emotional Tolls \(PDF\)](#)

Insulin Resistance

- [Insulin Resistance and Blood Sugar Dysregulation - Webinar Notes \(PDF\)](#)

Mucosal Immunity

- [Secretory IgA \(sIgA\) Interpretive Guide \(PDF\)](#)
- [Treatment Considerations to Support Optimal sIgA Production \(PDF\)](#)
- [Secretory IgA – Intestinal vs. Salivary \(PDF\)](#)

Gastrointestinal Health

[Bacterial Stool Culture – Interpretive Guide](#) (PDF)
[Fecal Calprotectin – Clinical Guidelines Update](#) (PDF)

[Anti-Fungal Treatment Protocols](#) (PDF)
[Naturopathic Anti-Fungal Treatment](#) (PDF)
[Bacterial Dysbiosis Treatment](#) (PDF)

[Ascaris lumbricoides \(Roundworm\) Treatment Protocols](#) (PDF)
[Blastocystis Treatment Protocols](#) (PDF)
[Blastocystis & Dientamoeba Treatment Protocols](#) (PDF)
[Blastocystis & Giardia Treatment Protocols](#) (PDF)
[C. difficile Treatment Protocols](#) (PDF)
[Cryptosporidium Treatment Protocols](#) (PDF)
[Dientamoeba Treatment Protocols](#) (PDF)
[Endolimax nana Treatment Protocols](#) (PDF)
[Entamoeba histolytica Treatment Protocols](#) (PDF)
[Giardia Treatment Protocols](#) (PDF)
[Helicobacter pylori Treatment Protocols](#) (PDF)
[Pinworm Treatment Protocols](#) (PDF)
[Taenia solium \(Tapeworm\) Treatment Protocols](#) (PDF)
[Toxoplasmosis Treatment Protocols](#) (PDF)
[Trichinella \(Trichinosis\) Treatment Protocols](#) (PDF)

[Complete Yeast Culture List](#) (PDF)
[Complete GI Parasite List](#) (PDF)
[Resources on Diagnosis of Parasitic Diseases](#) (PDF)
[Bacterial Pathogen Sensitivity FAQ](#) (PDF)

[Bacterial Stool Culture Interpretation - Webinar Notes](#) (PDF)
[Helicobacter pylori - Testing, Diagnosis, Treatment - Webinar Notes](#) (PDF)
[Hidden Culprits of Common GI Complaints Part 1: Bacteria and Yeast - Webinar Notes](#) (PDF)
[Hidden Culprits of Common GI Complaints Part 2: Parasites - Webinar Notes](#) (PDF)
[Advanced Clinical Cases: Gastrointestinal Conditions - Webinar Notes](#) (PDF)
[Irritable Bowel Syndrome - Webinar Notes](#) (PDF)
[Inflammatory Bowel Disease - Webinar Notes](#) (PDF)
[Celiac Disease and Gluten Sensitivity - Webinar Notes](#) (PDF)

Sex Hormones - Female

[PCOS Identification and Treatment - Webinar Notes](#) (PDF)
[Treatment Options for Women with Hyperandrogenism](#) (PDF)
[Diagnostic Considerations for Elevated DHEA](#) (PDF)
[Female Fertility - Clinical Update - Webinar Notes](#) (PDF)
[Premenstrual Syndrome - Clinical Update - Webinar Notes](#) (PDF)
[Relative Estrogen Dominance - Summary of Treatment Options](#) (PDF)
[Underlying Causes of Anovulation](#) (PDF)
[Menopause - Clinical Update - Webinar Notes](#) (PDF)
[Perimenopause and Postmenopause Hormone Panels - Webinar Notes](#) (PDF)
[Female Hormone Testing FAQ](#) (PDF)

Sex Hormones - Male

[Treatment Considerations to Support the Androgen Pathway \(PDF\)](#)

[Male Hormone Panel - Androgen Pathway - Webinar Notes \(PDF\)](#)

[Male Fertility - Clinical Update - Webinar Notes \(PDF\)](#)

Bone Health

[Osteoporosis and Bone Health - Clinical Update - Webinar Notes \(PDF\)](#)

Other Health Issues

[Sexual Dysfunction in Females and Males – Webinar Notes \(PDF\)](#)

[A Holistic Approach to Managing Inflammation – Webinar Notes \(PDF\)](#)

[Endocrine Disruptors and Disease – Webinar Notes \(PDF\)](#)

[The Role of Sleep in Health and Disease – Webinar Notes \(PDF\)](#)

Reference Range Determination

[Saliva Hormone Reference Ranges \(PDF\)](#)

[Cortisol-DHEA Reference Ranges \(PDF\)](#)

[Sample Reports](#)

Toxic Metals and Elements™

- [TME™ Sample Report \(PDF\)](#)

Adrenal Stress Index™

- [ASI™ Sample Report \(PDF\)](#)
- [Expanded ASI™ Sample Report \(PDF\)](#)

Bone Health Panel™

- [BHPT™ Sample Report \(PDF\)](#)

Female Hormone Panels™

- [FHPT™ Sample Report \(PDF\)](#)
- [eFHP™ Sample Report \(PDF\)](#)

Male Hormone Panels™

- [MHP™ Sample Report \(PDF\)](#)
- [eMHP™ Sample Report \(PDF\)](#)

Postmenopause and Perimenopause Hormone Panels™

- [PeriM™ Sample Report \(PDF\)](#)
- [ePeriM™ Sample Report \(PDF\)](#)
- [PostM™ Sample Report \(PDF\)](#)
- [ePostM™ Sample Report \(PDF\)](#)

GI Health Panels™

- [GI Panel™ Sample Report \(PDF\)](#)
- [Expanded GI Panel™ Sample Report \(PDF\)](#)
- [Expanded GI Panel with GP3x and Calprotectin™ Sample Report \(PDF\)](#)
- [Calprotectin Plus Panel™ Sample Test Report \(PDF\)](#)
- [Complete Bacterial Stool Culture \(GP3x\) Sample Report \(PDF\)](#)
- [Comprehensive Ova and Parasites Panel™ Sample Report \(PDF\)](#)

Food Panel™

- [FP™ Sample Report \(PDF\)](#)

Forms & Brochures

Provider Catalog

- [Download Provider Catalog \(PDF\)](#)

Toxic Metals and Elements™

- [TME™ - Patient Brochure \(PDF\)](#)
- [TME™ - Provider Brochure \(PDF\)](#)
- [TME™ Kit Instructions - Salivary Metals and Elements \(PDF\)](#)
- [TME™ Kit Instructions - Urinary Metals and Elements \(PDF\)](#)
- [TME™ Kit Instructions - Timed Salivary Metals and Elements \(PDF\)](#)
- [TME™ Kit Instructions - Timed Urinary Metals and Elements \(PDF\)](#)

Adrenal Stress Index™

- [ASITM™ - Patient Brochure \(PDF\)](#)
- [ASITM™ Kit Instructions \(PDF\)](#)
- [Expanded ASITM™ Kit Instructions \(PDF\)](#)

Bone Health Panel™

- [BHPTM™ - Patient Brochure \(PDF\)](#)
- [BHPTM™ - Kit Instructions \(PDF\)](#)
- [Urine Collection - Kit Instructions \(PDF\)](#)

Female Hormone Panels™

- [FHPTM™ and eFHPTM™ - Patient Brochure \(PDF\)](#)
- [FHPTM™ and eFHPTM™ Kit Instructions \(PDF\)](#)

Male Hormone Panels™

- [MHPTM™ and eMHPTM™ - Patient Brochure \(PDF\)](#)
- [MHPTM™ - Kit Instructions \(PDF\)](#)
- [eMHPTM™ - Kit Instructions \(PDF\)](#)

Postmenopause and Perimenopause Hormone Panels™

- [PeriM™ and PostM™ - Patient Brochure \(PDF\)](#)
- [PeriM™ Kit Instructions \(PDF\)](#)
- [PostM™ Kit Instructions \(PDF\)](#)

- [ePostM™ Kit Instructions](#) (PDF)

GI Health Panels™

- [GI Health Panels™ - Patient Brochure](#) (PDF)
- [GI Health™ Kit Instructions](#) (PDF)
- [GI-Pathogen Kit Instructions](#) (PDF)
- [Stool Cultures Kit Instructions](#) (PDF)
- [Calprotectin Plus Panel Kit Instructions](#) (PDF)
- [Pinworm Kit Instructions](#) (PDF)

Food Panel™

- [FP™ - Patient Brochure](#) (PDF)
- [FP™ - Kit Instructions](#) (PDF)

Flexi-Matrix™ Custom Panels

- [Flexi-Matrix Custom Panels™](#)
- [Flexi-Matrix-Saliva Kit Instructions™](#) (PDF)
- [Flexi-Matrix-Stool Kit Instructions™](#) (PDF)
- [Flexi-Matrix-Combo Kit Instructions™](#) (PDF)
- [General Collection Kit Instructions](#) (PDF)